

Adaptation to salinity in Atlantic cod from different regions of the Baltic Sea



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ABSTRACT

Atlantic cod (*Gadus morhua*) occur in marine water of different salinities: from oceanic waters at salinity of 35 to Baltic Sea waters where the lowest level of salinity reaches 5–6. The stress response to different salinities in the eastern and western Baltic cod populations was examined. Two genes of Na⁺, K⁺-ATPase 1a (*atp1a*) and heat shock protein 70 (*hsp70*) expression, plasma cortisol and osmolality were used as markers of osmotic stress to characterize the reaction profiles of two populations of *G. morhua* from the western and eastern parts of the Baltic Sea. Atlantic cod were sampled in November 2012 from western Kiel Bight (KIEL, salinity of 18) and eastern Gdańsk Bay (GDA, salinity of 8). Live fish were transported to the Marine Station of the University of Gdańsk in Hel and were settled in tanks (3500 L). Cod were kept at 10 °C in recirculated water, which simulated the natural salinities of the geographic source region of the fish. Results showed that in the reduced and elevated salinity water of the KIEL group, we observed no change in expression of *atp1a* and slightly increased expression of *hsp70*. In the GDA group, there were no significant changes of *hsp70* expression but the level of *atp1a* was significantly increased in both salinities. In both groups, concentration of cortisol increased after exposure to elevated salinity, while in fish exposed to reduced salinity, a significantly higher concentration of cortisol was observed after 72 h. The high expression of *atp1a* that observed in the eastern group (GDA) supports the thesis of a genetic background to the adaptation to variable salinity. This adaptation may protect this species against an osmotic stress caused by daily vertical migrations and long-distance migration to spawning areas. At the same life-time, salinity is a barrier maintaining the genetic and physiological separations between *G. morhua* stocks and affecting the structure of this fish subpopulation in the Baltic Sea.

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1. Introduction

Atlantic cod (*Gadus morhua*) is a species widely distributed in the North Atlantic Ocean. This species occurs in marine water of varying salinity: from oceanic waters (salinity of 35) to the Baltic Sea waters of which the lowest level of salinity reaches 5–6 in the eastern part of this sea. Fish from the Kiel Bight represent cod living in the west Baltic Sea, at salinity over 15 while fish from Gdańsk Bay (GDA) live in the inner/east Baltic Sea where salinity is at its lowest. The Baltic Sea is an enclosed, non-tidal ecosystem with steep latitudinal and vertical salinity (Tomkiewicz et al., 1998). The source of high salinity is the inflow of oceanic waters from the North Sea through the Danish Straits. Additionally, the central Baltic Sea is permanently stratified with a

halocline located about 30–90 m below the surface. The halocline is dynamic due to vertical mixing. Water is mixed by number of factors such as the surface wind stress and an internal wave mixing, which erodes the halocline. Finally, water is mixed in varying intensity due to seasonal changes of temperature/thermocline (Reissmann et al., 2009). Rapid changes of salinity during vertical migration of cod and during migration to spawning areas have been observed earlier by Neuenfeldt et al. (2007, 2009). Atlantic cod from the East Baltic Sea living in low salinity waters, periodically return for the spawning season to waters of salinity over 14 (Nissling and Westin, 1991; Westin and Nissling, 1991).

Studies of Baltic cod populations have demonstrated their distinctiveness from Atlantic populations (Nielsen et al., 2003; O'Leary et al., 2007; Kijewska et al., 2011). Geographic and genetic data support the hypothesis of two separate subpopulations living in the Baltic Sea (Antoszek et al., 2011; Kijewska et al., 2009, 2011; Poćwierz-Kotus et al., 2015; Berg et al., 2015). Nonetheless, present knowledge about physiological adaptations to different salinities is still incomplete for this species. The hypoosmotic environment of the Baltic Sea influences

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the physiology and ecology of this species. Changes in physiology and genetics have been seen as responsible for interactions between the organism and the specific environment of the Baltic Sea and leading to anatomical adaptations including the width of the chorion and larger diameter (Nissling et al., 1994). The maintenance of homeostasis in suboptimal ranges of salinity requires a number of adaptations (such as a mechanism for sodium and chloride uptake, changes in excretory patterns and in metabolic enzyme activities) among which ion regulation is crucial for good condition and fertility. However, the Atlantic cod still requires salinity higher than the average in the Baltic Sea for successful reproduction (Nissling and Westin, 1997).

Salinity fluctuations and exposure of fish species to different salinities (higher or lower) can affect the expression of genes involved in sodium and potassium ion regulation and physiological stress. Cutler et al. (1995) and Deane and Woo (2004) have shown that Na^+ , K^+ -ATPase 1a (*atp1a*) is fundamental for the osmoregulation and ion exchange and its expression increases during salinity changes in European eel (*Anguilla anguilla*) and sea bream (*Sparus sarba*). Heat shock protein 70 (*hsp70*) gene plays a major role in cell protection from the damaging effects of osmotic stress (Deane et al., 2002; Deane and Woo, 2004). In turn, cortisol is the major corticosteroid in teleost fish, secreted and released by interrenal cells of the head kidney during activation of the hypothalamo–pituitary–interrenal (HPI) axis (Wendelaar Bonga, 1997; Mommsen et al., 1999). This hormone dramatically rises during stress and seems to be a key mediator of stress-associated responses (Vijayan et al., 1997; Mommsen et al., 1999). Cortisol may regulate osmolality, metabolism and immune response in fish (Wendelaar Bonga, 1997; Mommsen et al., 1999; Vizzini et al., 2007) and modulates the *hsp70* and *hsp90* gene expression (Celi et al., 2012) and *atp1* expression (Dang et al., 2000). Moreover, Madsen et al. (1995) have demonstrated that cortisol-induced increase in gill Na^+ , K^+ -ATPase activity is partially due to the expression of the Na^+ , K^+ -ATPase 1a mRNA.

Larsen et al. (2012) analysed the expression of *hsp70* and *atp1a1* after short-term and long-term acclimatization to reciprocal salinities in *G. morhua* from the North Sea, Skagen (Danish Straits), and Baltic, Bornholm area. Significant differences were shown between these two groups, which can be considered as population-specific patterns of gene regulation depending on the origin of the population. However, the inner Baltic cod populations have not previously been studied in this respect. A profile of response to different salinities could be a useful parameter to characterize east and west Baltic cod populations due to the salinity changes in the Baltic Sea. It remains to be determined how far salinity can be considered as an environmental barrier responsible for maintaining the separation of the two Baltic populations of cod. In the present study, the expression of two genes: *atp1a* and *hsp70*, plasma cortisol and osmolality were used as markers of osmotic stress to characterize the reaction profiles of two populations of the Atlantic cod from the west and east of the Baltic Sea.

2. Materials and methods

2.1. Animals and experiment protocol

Atlantic cod were collected by fyke net and pelagic trawl in November 2012 ($n = 131$) from Kiel Bight (KIEL; $n = 89$) and Gdańsk Bay (GDA; $n = 42$). Live fish were transported to the Marine Station of the University of Gdańsk in Hel and were settled in tanks (2000 L). Fish were kept at 10 °C in recirculated water, which simulated the natural salinities of the geographic source of the cod [salinity of 18 (ctrl 18) and 8 (ctrl 8)]. During primary acclimatization period (over 14 days), fish were maintained at natural photoperiod and acclimated to laboratory conditions until they start feeding and displayed typical behaviour. Fish were fed once a day with fresh herrings during acclimatization and experimental periods. Cod from both geographical areas were randomly divided into 3 groups (control group, reduced salinity group and raised salinity group), transferred to separate tanks and acclimated

again. Salinity was changed gradually (1/h) in order to minimize acute stress responses. Salinity value was measured every hour by conductometer (Elmetron, Zabrze, Poland). During the experiment, water temperature was about 10 °C in all tanks. The first change was the elevation of salinity to 10 (ctrl + 10) above the natural environment. Time was counted from the first hour after the salinity was modified, e.g. 72 h after the last change of the salinity (ctrl + 10/72 h). High salinity water was obtained by adding aquarium ocean salt (Aquarium Systems, Sarrebourg, France). The reduction in salinity in the KIEL group was from 18 to 8 (ctrl – 10). In the GDA group, salinity was reduced from 8 to 3. After 72 h, salinity was continuously elevated or decreased to extreme levels (salinities 3 and 33) except the GDA group, which was already exposed to extremely reduced salinity. Fish from all groups were caught with a landing net. Blood samples were collected by cardiac puncture during the first 1.5 min. Then, the fish were immediately sacrificed by spinal cord dissection. Each fish was measured (weight and total length) and samples for RNA (gills) and DNA analysis (pelvic fin) were collected using sterile instruments. Five fish from the KIEL group (salinity 18) were submitted to handling stress by continuous moving from tank to tank until they stopped resisting and become motionless. Thereafter, fish were sampled as described above. Another sample of six individuals from the Kiel Bight was kept 6 weeks in a reduced salinity of 7.5. Then, samples were also analysed for cortisol and gene expression as all other individuals following the protocol described above.

All experiments complied with EC Directive 2010/63/EU for animal experiments and with the guidelines of the Local Ethics Committee on Animal Experimentation (decision no. 60/2012).

2.2. Cortisol and osmolality

Blood samples were collected by cardiac puncture and then centrifuged at 3000 g in 4 °C for 10 min and plasma samples were stored at –70 °C prior to cortisol analysis. Plasma cortisol concentration was determined by immunoenzymatic assay (EIA) with preceding extraction procedure. Plasma samples were acetated with 3 M HCl to pH 1.5–3. Extraction of plasma samples (150 µL) was performed with methylene chloride according to the method recommended by the producer, with slight modifications. Then, the samples were frozen to allow the separation of layers. The methylene chloride layer was transported to a clean glass tube and evaporated under a gentle stream of nitrogen. This step was repeated three times. Dried extracts were stored at –20 °C for further analysis. The recovery of extraction was found in the range 89 to 110%. The assay was performed using Cayman's EIA kit No. 500360 (Ann Arbor, MI, USA). Extracts were dissolved in 2 mL of EIA buffer and 50 µL of the diluted samples were used for EIA analysis. The standard curve consisted of ten standards with the following concentrations: 20, 10, 4, 1.6, 0.64, 0.256, 0.102, 0.041, 0.0164 and 0.0066 ng mL⁻¹. The microplate was gently shaken for 15 min and then incubated overnight at 4 °C. After rinsing, the microplate was developed with Ellman's reagent at room temperature, in the dark, by shaking for 60 min. The plate was read at 412 nm using Sunrise Absorbance Reader (TECAN, Austria). All samples were assayed in duplicate. The detection limit of assay was 0.012 ng mL⁻¹. The intra-assay coefficient of variation was 0.9%. The inter-assay variation was not determined, because all samples were measured in the same plate. Plasma osmolality was measured immediately after sampling using a 5500 Vapor Pressure Osmometer (Wescor Inc., Logan, USA).

2.3. Gene expression

Gills were collected during sampling and immediately submerged in RNAlater®, according to the manufacturer's instruction (Qiagen, Hilden, Germany). Gills were stored at –80 °C prior to analysis. Before the extraction, tissues were defrosted on ice. Total RNA was extracted using the ISOLATE II RNA Mini Kit (Bioline, London, UK) and then was

stored at -20°C . Total RNA was verified by 2% agarose gel electrophoresis. Concentration of extracted RNA was determined at 260 nm on a microplate using the Epoch Microplate Spectrophotometer (BioTek Instruments, Inc., Winooski, USA). The ratio 260/280 was used for the determination of the quality of RNA and results in range of 1.8–2.15 were accepted. Each sample was verified also on 2% agarose gel and part of them was cross checked using an Agilent Bioanalyser (Agilent, Santa Clara, CA, USA). Samples with RIN above 7 were accepted.

Gene expression was analysed using SensiFAST™ Probe No-ROX One-Step Kit (Bioline, London, UK). To the reaction mix, 20 ng of RNA was added. Sequences of primers used in the present study were designed by Larsen et al. (2012): eukaryotic translation elongation factor 1 alpha (*ef1a*) as a reference gene (EX743802; 93 bp; F: CGG TAT CCT CAA GCC CAA CA; R: GTC AGA GAC TCG TGG TGC A), and *atp1a1* (EX729822; 89 bp; F: GGA CTG TTC GAG GAG ACT GC; R: GAG GGT TTG AGG GGG TAC AT), and *hsp70* genes (BG933934; 121 bp; F: CCC CTG TCC CTG GGT ATT G; R: CAC CAG GCT GGT TGT CTG AGT). Final concentration of primers in each reaction (20 μl volume) was 400 nM. Reactions were performed in Eco Real-Time PCR System and EcoStudy and Eco Real-Time PCR System, Software v5.0 (Illumina, San Diego, USA) were used. All reactions were optimised from the first reaction performed according to the instruction of PCR preparation for SensiFAST™ Probe No-ROX One-Step Kit. Finally, reactions were performed as follow: 10 min at 45°C , 2 min at 95°C followed by 40 cycles of the 3-step reaction including 5 s at 95°C , 10 s at 65°C and 6 s at 72°C . Each plate contained control, and no-template control (NTC) samples. The products of reactions including NTCs were checked manually by agarose gel electrophoresis and by spectrophotometer. An additional experiment was performed to verify the DNA–RNA primer interaction. Results were negative except for some dimers and their artificial products with no influence on reaction efficiency. Efficiency of reaction was near 99% for each gene. Pearson's coefficients for two analysed genes and reference gene were similar ($R^2 = 0.998$). Relative gene expression values were calculated using the method described by Livak and Schmittgen (2001). The Anderson–Darling normality test was applied. The reference gene's expression in groups was compared using Lavene's test. Significance was taken at $p < 0.05$. Statistical analyses were performed with Minitab 15 Statistical Software for Windows.

2.4. Statistics

Gene expression levels were compared using two-way ANOVA, followed by Newman–Keuls *Post hoc* test. One-way ANOVA followed by the Newman–Keuls *Post hoc* test were used for cortisol level comparison. For multiple comparisons, ANOVA/MANOVA followed by the Tukey *Post hoc* test were used. Significance was taken at $p < 0.05$. Statistical analysis was performed using STATISTICA 7.1.

3. Results

3.1. Experiment

During primary acclimatization about 10% of *G. morhua* from both groups died as a result of rapid depressurization of gas bladder or infection of mechanical injuries caused by hauling. Regular disinfection of tanks using potassium manganite (VII) and strong aeration of water was performed against bacterial infections. The last disinfection was performed 3 days before the division of fish into experimental groups. Mortality was highest in the first days after collecting the fish from the natural environment. During the experiment, mortality concerned only one individual from the experimental group of elevated salinity, whose cause of death was unknown; there were no injuries or symptoms of infection. Fish weight and colouration did not show abnormalities. However, the autopsy suggested serious infestation with parasites and acute inflammation of the intestine. During both experiments, with hyper- and hypo-osmotic water, no changes in fish behaviour were observed. Fish showed active feeding and swimming during mid-acclimatization to the changed salinities (72 h). Mean weight of the *G. morhua* from the Kiel Bight was higher (336.64 ± 9.51 g) than fish from the Gdańsk Bay (248.35 ± 12.36 g). Total length of individuals was similar and in the KIEL group was 33.95 ± 0.32 cm, and in the GDA group was 30.7 ± 5.27 cm. Differences between the weight and length of cods from the two experimental groups are probably the effect of trophic differences. Cod from the eastern Baltic Sea reaches a significantly smaller size and lower weight than cod from the west Baltic Sea (Hüssy et al., 2013).

3.2. Gene expression and cortisol

In the KIEL group exposed to elevated salinity, expression of *hsp70* level showed a slight tendency to increase (1.62 fold), but not statistically significant (Fig. 1A). Cortisol level significantly increased ($p < 0.001$) and remained at a high level in all experimental groups (Table 1, Fig. 1A). For better visualisation, the data for cortisol were normalised and shown together with gene expression levels on the same graphs. In the GDA group maintained in hypersaline water, expression of *hsp70* was similar to the level observed in the control group. Expression of *atp1a* significantly increased (3.8 fold, $p < 0.001$) and fell after 72 h of exposure to 18 salinity (Fig. 1B). The cortisol level was significantly higher ($p < 0.001$) in both experimental groups from Gdańsk Bay and Kiel Bight (3.71 fold and 8.51 fold, respectively). In the GDA group, plasma cortisol level slightly decreased after the first exposure to elevated salinity while in the KIEL group the level of this hormone increased continuously (Table 1, Fig. 1A, B).

In fish from KIEL exposed to reduced salinity, expression of *hsp70* was double to that of the control group ($p < 0.05$) (Fig. 2A). Expression

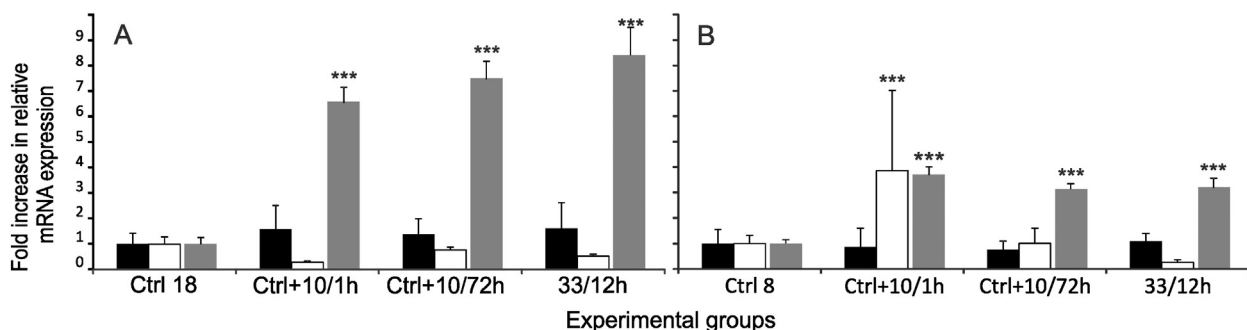


Fig. 1. Elevated salinity. Relative expression of *hsp70* (black bars) and *atp1a* (white bars) and concentration of cortisol (grey bars) in experimental groups of Baltic cod. The plasma cortisol concentrations and levels of gene expression were normalised to the control group. A – KIEL group, B – GDA group. Significant difference between salinities: * – $p < 0.05$, ** – $p < 0.01$, *** – $p < 0.001$. Plasma cortisol concentration and expression of genes were calculated for each group in comparison to the control group. Data are expressed as mean \pm SEM.

Table 1

Cortisol concentration in plasma samples of Atlantic cod under different salinity and stress conditions. Control (ctrl) indicates salinity of 18 in the Kiel Bight and salinity of 8 in the Gdańsk Bay. N – number of individuals in each group. Long term change sample is the sample exposed to lower salinity in extended time period. Handling stress sample is the sample exposed to acute stress in short time period. Asterisks (*: $p < 0.05$; ***: $p < 0.001$) indicate significantly different changes of plasma cortisol concentration.

Sample (salinity/time)	Cortisol concentration (ng mL ⁻¹) ± SEM			
	N	Kiel Bight (KIEL)	N	Gdańsk Bay (GDA)
<i>Elevated salinity</i>				
Ctrl	10	22.530 ± 6	7	50.156 ± 7
Ctrl + 10 (28/1 h)	8	150.005 ± 14***	4	186.32 ± 16***
Ctrl + 10 (28/72 h)	14	170.894 ± 16***	6	156.98 ± 11***
Extremely elevated (33/12 h)	7	191.722 ± 25***	8	160.827 ± 19***
<i>Reduced salinity KIEL</i>				
Ctrl 18	10	22.530 ± 2		
Ctrl – 10 (8/1 h)	8	18.680 ± 4		
Ctrl – 10 (8/72 h)	14	105.209 ± 17*		
Extremely reduced (3/12 h)	8	170.562 ± 29***		
<i>Reduced salinity GDA</i>				
Ctrl 8			7	50.156 ± 5
Ctrl – 5 (3/12 h)			5	70.327 ± 7
Ctrl – 10 (3/72 h)			5	203.556 ± 18***
Long term change (7.5/6 weeks)	5	49.77 ± 3*		
Handling stress (18/15 min)	5	228.605 ± 18***		

of *atp1a* was visibly changed by salinity of 8 and its level of expression after 72 h of exposure was lower (0.25 fold) but not statistically significant. Reduction of salinity to 3 caused a 1.72 fold increase of *atp1a* expression but the difference was not statistically significant. Cortisol level elevated with reduced salinities. Only differences between the control group and those exposed to salinity of 8 after 72 h and exposed to 3 salinity after 12 h were statistically significant (Table 1). In the Gdańsk Bay group, expression of *hsp70* was similar in all experimental groups. Expression of *atp1a* first increased after 1 h of exposition to reduced salinity (3.09 fold, $p < 0.01$) and then slightly decreased below the level of the control group (0.70 fold). Cortisol levels, compared to the control group, significantly increased ($p < 0.05$) in the GDA group exposed to salinity of 3 for 72 h (Fig. 2B, Table 1).

The comparison between groups from the west and east Baltic Sea revealed statistically significant differences in both examined salinities. The level of *atp1a* expression in the GDA group was up-regulated in the group with elevated salinity (18 after 1 h, $p < 0.001$) and reduced salinity (3 after 12 h, $p < 0.01$) (Fig. 2AB).

Fish from the Kiel Bight (KIEL) submitted to handling stress were characterized by extremely high concentration of plasma cortisol (Table 1) and 2.98 fold increase of expression of *hsp70* gene ($p < 0.01$). The expression of *atp1a* gene was 0.22 fold compared to the control group. Moreover, in KIEL fish kept for 6 weeks in reduced salinity (7.5), plasma cortisol concentration was slightly elevated and

similar to that observed in the control group from the Gdańsk Bay (Table 1). The expression of *hsp70* and *atp1a* genes was not changed compared to the control group.

Significant associations were observed between the expression of *atp1a* and *hsp70* and geographical origin of groups, and salinities. Associations between *atp1a* expression and origin of cod were statistically significant in both groups (reduced salinity: $p < 0.01$, elevated salinity: $p < 0.001$). Associations between expression of *atp1a* and salinity were also strongly supported (reduced salinity: $p < 0.000$, elevated salinity: $p < 0.000$). Statistically significant results for *hsp70* were observed for relationship between elevated salinity and the origin of the cod ($p < 0.05$).

3.3. Osmolality

Plasma osmolality observed in the control groups from Gdańsk Bay and Kiel Bight was significantly different ($p < 0.01$; GDA = 282 ± 11.11 mmol kg⁻¹ and KIEL = 328 ± 4.13 mmol kg⁻¹). Osmolality observed in groups maintained in salinity of 33 was higher 8.2% in the KIEL and 5% in the GDA group than this in the control group. In extremely low salinity 3/12 h, osmolality was reduced in comparison to the control group: in the KIEL group 7.1% and in the GDA group 7.5% (Fig. 3B and D). In the KIEL group after 6 weeks of exposure to a reduced salinity of 7.5, the plasma osmolality was close to the level observed in the control group from the Gdańsk Bay (294.7 mmol kg⁻¹).

4. Discussion

The results of the present study showed that in the KIEL group, the increase of plasma cortisol concentration was higher than in the GDA group under comparable conditions. The elevated level of cortisol can significantly suppress the level of *hsp70* expression in gills as shown earlier by Basu et al. (2001) for tilapia (*Oreochromis mossambicus*) and rainbow trout (*Oncorhynchus mykiss*) and in the head kidney of sea bass (*Dicentrarchus labrax*) revealed by Celi et al. (2012). Boone and Vijayan (2002) have demonstrated that the administration of cortisol into the trout hepatocyte cell culture, significantly reduced *hsp70* expression. A high concentration of cortisol and almost unchanged expression of *hsp70* in the KIEL group can be explained by the cortisol effect on the *hsp70* expression as mentioned above. Differences between plasma cortisol concentrations in experimental groups may provide evidence for the differences between mechanisms for coping with changes of salinity in cod. The different expressions of *atp1a* in the KIEL and GDA groups coincide with the variable concentration of cortisol. In accordance with Armesto et al. (2014), the level of *atp1a* expressed in gill ionocytes is regulated by salinity. Moreover, a different level of expression of gill ATP-ase is related to acclimatization to different salinities (Cutler et al., 1995; Deane and Woo, 2004). In east Baltic cod, the high expression of *atp1a* and fluctuations of plasma cortisol level is a strong clue that suggests fast acclimatization to elevated

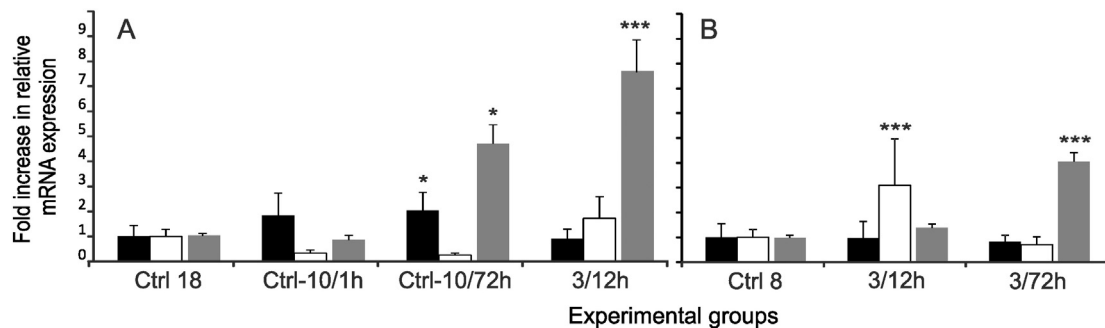


Fig. 2. Reduced salinity. Relative expression of *hsp70* (black bars) and *atp1a* (white bars) and concentration of cortisol (grey bars) in experimental groups of Baltic cod. The plasma cortisol concentrations and levels of gene expression were normalised to the control group. A – KIEL group, B – GDA group. Significant difference between salinities: * – $p < 0.05$, *** – $p < 0.001$. Plasma cortisol concentration and expression of genes were calculated for each group in comparison to the control group. Data are expressed as mean ± SEM.

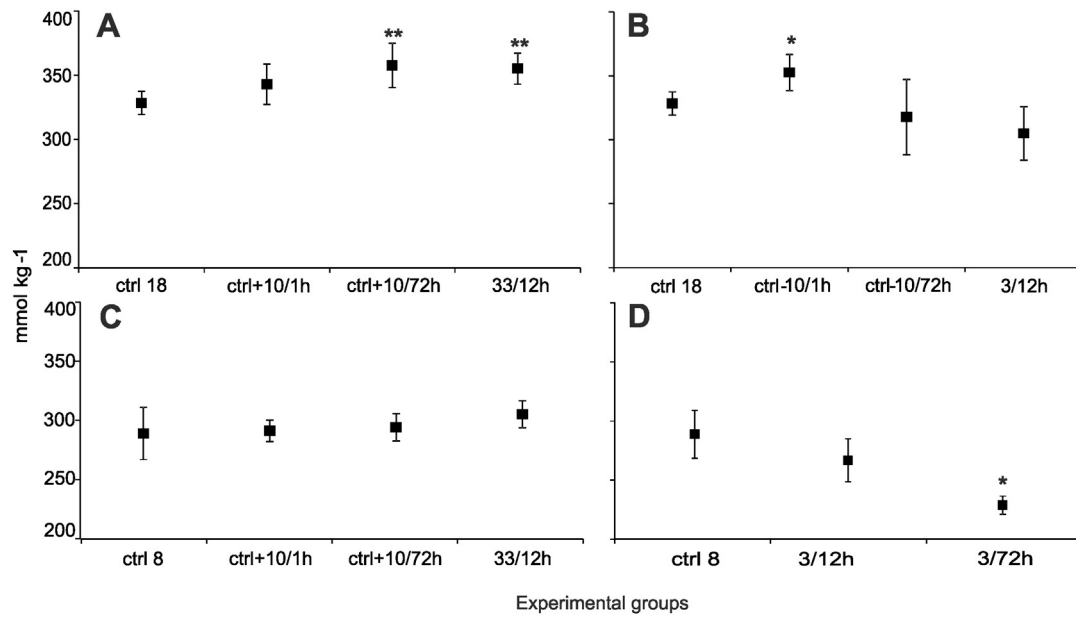


Fig. 3. Osmolality measured in plasma. A – Kiel Bight elevated salinity. B – Kiel Bight reduced salinity. C – Gdańsk Bay elevated salinity. D – Gdańsk Bay reduced salinity. Difference between salinity: * – $p < 0.05$, ** – $p < 0.01$. Data are expressed as mean \pm SEM.

salinity by the regulation of ion balance. Dang et al. (2000) noticed that cortisol treatment enhanced the amount of tubular membrane per cell in *O. mossambicus*. They suggested that, *atp1* expression was enhanced, because cortisol increased the density of immunoreactivity of this enzyme in the tubular membrane area. This may explain why the observed cortisol concentrations in the GDA group increased and then revealed a tendency to decrease (Figs. 1 and 2).

In hypoosmotic water, the concentration of cortisol increased after exposure to reduced salinity in both groups. Whereas, in groups exposed to reduced salinity, a significantly higher concentration of cortisol was observed after 72 h. Significant changes in *hsp70* expression were observed in the KIEL group only. The reduced salinity in the GDA group changed only *atp1a* expression (Fig. 2B). McCormick et al. (2008) have shown that in Atlantic salmon (*Salmo salar*), higher concentration of plasma cortisol enhances activity of Na^+ , K^+ -ATPase in elevated salinity. In turn, Arjona et al. (2007) revealed in Senegalese sole (*Solea senegalensis*) that, Na^+ , K^+ -ATPase activities in fish transferred to lower salinity were higher than those in fish transferred to elevated salinity. In the GDA group exposed to reduced salinity, a 3.2 times higher and statistically significant change of expression of *atp1a* was observed. After 72 h, a rise in plasma cortisol was observed while the expression of *atp1a* decreased and remained unchanged in comparison to the control group.

Significant differences in *atp1a* expression suggest a different mechanism of reaction of eastern cod to considerable changes in salinity during vertical and horizontal migrations. This may be an explanation of the slightly different results of previous experiments performed in Atlantic cod and European flounder (*Platichthys flesus*) from the Danish Straits and western Baltic described by Larsen et al. (2008, 2012).

Lifelong residence of eastern cod in reduced salinity affects plasma osmolality. The results presented here, show significant differences in plasma osmolality between the two groups. A long-term exposure to reduced salinity of fish from the KIEL group revealed the osmolality was reduced to a level characteristic for eastern cod (GDA). Sampaio and Bianchini (2002) also noted that plasma osmolality was significantly changed in euryhaline flounder (*Paralichthys orbignyanus*) after long acclimatization to reduced and elevated salinity (0 and 30, respectively).

From one side, different levels of the plasma cortisol and expression of *atp1a* in both groups suggest that we observed subpopulations very

well acclimated to local environmental conditions. On the other hand, we found genetic differences between both groups, which strongly suggest a genetic background for salinity preferences. Poćwierz-Kotus et al. (2015) and Małachowicz et al. (2015) found significant differences, at the genomic and transcriptomic levels, of differentiation between the Baltic cod and western cod. Genetic differentiation between subpopulations of cod, mentioned previously by other authors (Nielsen et al., 2003; O'Leary et al., 2007; Kijewska et al., 2009, 2011; Berg et al., 2015), strongly supports the hypothesis of a genetic background for acclimatization. Adaptations to reduced salinity, well described by Nissling et al. (1994) for the eastern cod and by Peteret et al. (2014) for the western Baltic cod stock, are more arguments for the thesis that salinity is one of the major factors maintaining the genetic structure of the Baltic cod. Other authors like Larsen et al. (2012) also mentioned that expression of *atp1a* gene demonstrates the population-specific patterns of gene regulation depending on the origin of the population.

There are significant differences between reaction to salinity changes in the eastern and western groups. This profile of response should be considered as an adaptation to variable salinity as supported by previous results of genetic studies (Nielsen et al., 2003; O'Leary et al., 2007; Poćwierz-Kotus et al., 2015). These adaptations protect eastern cod against the osmotic stress caused by vertical migrations and long-distance migration to spawning areas. Different profiles of reaction to changed salinity suggest that the border between brackish and marine waters is a barrier, which maintains the genetic and physiological separations between *G. morhua* stocks and affects the structure of each subpopulation in the Baltic Sea.

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